

VACCINATIONS IN PREGNANCY

CLINICAL GUIDELINE MCSA.MBC.2.0

When is it safe to get vaccinations?

Vaccination	Before pregnancy	During pregnancy	After pregnancy
Recommended for all women			
Influenza (once a year)	X	X	X
HPV – recommended up to age 26	X		X
MMR	X		X
Tdap (tetanus, diphtheria, pertussis) – if not already vaccinated can get this after 20 weeks in each pregnancy)	X	X	X
Varicella (chickenpox)	X		X
Recommended for women at high risk of getting these infections			
Hepatitis A	X	X	X
Hepatitis B	X	X	X
Meningococcal	X	X	X
Pneumococcal	X	X	X
Rabies	X	X	X

References

1. Adam, S. & Soma-Pillay, P. 2018. Obstetric Essentials. 3rd Edition. University of Pretoria
2. Uptodate 2022

Authorship

These guidelines were drafted by a clinical team from Mediclinic and were reviewed by a panel of experts from SASOG and the BetterObs clinical team and revised by the BetterObs scientific subcommittee in 2022. All attempts were made to ensure that the guidance provided is clinically safe, locally relevant and in line with current global and South African best practise. Succinctness was considered more important than comprehensiveness.

All guidelines must be used in conjunction with clinical evaluation and judgement; care must be individualised when appropriate. The writing team, reviewers and SASOG do not accept accountability for any untoward clinical, financial or other outcome related to the use of these documents. Comments are welcome and will be used at the time of next review.

Released on date: 2022 11 01

History and version control

Author	Version	Details of update	Effective date
Dr Coen Groenewald	1	Initial Release	2020 01 21
SASOG Scientific Committee Dr C Groenewald	2	Hepatitis A & B as well as Meningococcal and Pneumococcal added to list that is safe to use in pregnancy	2022 11 01

Approval and sign-off

Approved by

Department/ Area/ Group/ Forum	Representative name	Signature	Designation	Date
Clinical Department	Dr Gerrit De Villiers		Chief Clinical Officer	2023 04 26