



Dear Colleague,

Welcome back! We have missed you and we are thankful for your recovery and return to work. We care about you and want to support you in making a smooth transition and settling in safely.

Returning to work during COVID-19 not only entails taking care of your health and safety needs, but also includes a very important psychological wellbeing element. Managing your health and wellness is very important, not only for yourself, but also to those you love and work with. As a result, it is imperative that you make time for necessary self-care. Be sure to visit the Care Courage Compassion webpage, which is an online hub packed with all the resources you need to support your wellbeing.

If you need any further emotional wellbeing support, please contact your HRBP, line manager or make use of the confidential INCON employee assistance hotline: 0800 205 305.

If you are concerned about any COVID-related symptoms, please make use of our clinical hotline: 0860 24 00 24.

With best wishes,

