



SIGN UP  
TODAY

# STAY HEALTHY WITH RUN/WALK FOR LIFE

## MEDICLINIC *Prime*

WE PARTNERED WITH RUN/WALK FOR LIFE TO OFFER MEMBERS DISCOUNTED RATES WHEN JOINING ANY ONE OF THE NATIONAL FITNESS CLUB'S BRANCHES.

### MOVING TOWARDS YOUR BEST HEALTH

Run/Walk For Life offers customised exercise sessions tailored to the individual's needs and circumstances. It is the ideal way to blow new life into your exercise routine, whatever your level of fitness.

Mediclinic Prime members interested in joining the programme simply need to present themselves at a Run/Walk For Life branch with confirmation of Mediclinic Prime membership.

### Mediclinic Prime members save 30%

- R190 once-off membership fee (receive a member safety bib)
- R190 per month (this includes a FREE eatForLife membership)

For more information, or to locate your nearest Run/Walk For Life branch, please visit [www.runwalkforlife.com](http://www.runwalkforlife.com) or call 0861 00 55 66.

