



STAY HEALTHY WITH RUN/WALK FOR LIFE

MEDICLINIC *Prime*

WE PARTNERED WITH RUN/WALK FOR LIFE TO OFFER MEMBERS DISCOUNTED RATES WHEN JOINING ANY ONE OF THE NATIONAL FITNESS CLUB'S BRANCHES.

MOVING TOWARDS YOUR BEST HEALTH

Run/Walk For Life offers customised exercise sessions tailored to the individual's needs and circumstances. It is the ideal way to blow new life into your exercise routine, whatever your level of fitness.

Mediclinic Prime members interested in joining the programme simply need to present themselves at a Run/Walk For Life branch with confirmation of Mediclinic Prime membership.

Mediclinic Prime members save 30%

- R110 once-off membership fee
- R150 per month for a six-month contract thereafter

For more information, or to locate your nearest Run/Walk For Life branch, please visit www.runwalkforlife.com or call 0861 00 55 66.

EXPERTISE YOU CAN TRUST.