

MEDICLINIC baby

OUR MOTHER AND CHILD WELLNESS CLINIC WELCOMES YOU

OUR MOTHER, BABY AND CHILD WELLNESS CLINIC HAS ALL THE EXPERTISE YOU REQUIRE DURING AND AFTER PREGNANCY. CLINICAL NURSE PRACTITIONER IRENE DAMON, TOGETHER WITH RESIDENT GYNAECOLOGISTS AND PAEDIATRICIANS, ARE READY TO ASSIST YOU AND YOUR LOVED ONES.

WE OFFER A RANGE OF SERVICES, INCLUDING:

- Immunisations (private and governmental) according to Department of Health's programme
- Breastfeeding and lactation assistance and advice
- Milestones development and care of the baby, including regular weight and length checks
- Antenatal and postnatal classes
- Introduction to solids and feeding-related problems
- Benefits of baby massage
- Home visits for all the first-time mothers
- Basic first-aid training and nanny classes
- Family planning
- Preventative healthcare services for adults, including tests for blood pressure, glucose, cholesterol levels, nutrition status and optimal weight estimation

Visit us on the First Floor Consulting Block of Mediclinic Stellenbosch.

We are open

Monday to Thursday: 08:30 - 16:30
Friday: 08:30 - 14:00
First Saturday of the month: 08:30 - 13:00

Contact us

T 021 861 1150
mother.babywellnessstb@mediclinic.co.za



EXPERTISE YOU CAN TRUST.

www.mediclinic.co.za