



24 June 2021

Dear Colleagues

COVID-19 VACCINATIONS UPDATE – PROTECT YOURSELF!

Thank you for your continued commitment to the vaccination roll-out! We now have approximately 9098 vaccinated staff members within Mediclinic – a remarkable achievement. However, we remain committed to ensuring that as many staff members as possible are vaccinated.

We would also like to provide additional insight into current research, allowing you to better understand your own immunity against the virus. Current research available indicates that optimal immunity is achieved at about 60 days after your last vaccination dose, but that this may differ between individuals due to their personal medical history, particularly in relation to previous exposure to Coronavirus variants.

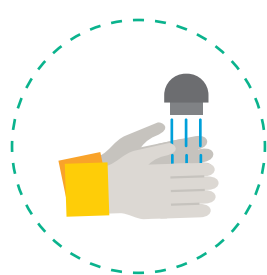
While many of you are now receiving vaccines, it is vital for you to remind and reinforce the need for continued measures to protect yourselves. Current research indicates that our immune response starts to develop at about 60 days after full vaccination with all the required doses, but is influenced by the age and medical history of the patient, including previous exposure to coronavirus strains. In addition, we know that the purpose of the vaccine is to reduce the risk of severe COVID-19 infections. Therefore, a COVID-19 exposure before this immune response is established may still result in an infection, which is why staff are encouraged to continue measures to prevent exposure both at work and outside in our daily lives. We cannot afford to relax our behaviour and put others at risk.

#OURBESTSHOT

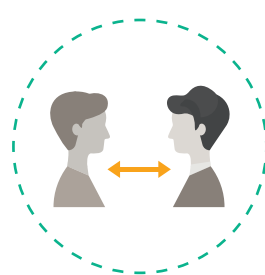
YES! YOU'VE BEEN VACCINATED,
BUT YOU STILL NEED TO...



Wear a **mask**



Perform **hand hygiene**



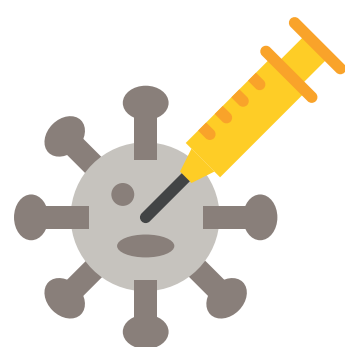
Practise social **distancing**



Avoid large **gatherings**

DID YOU KNOW?

Your body needs around **60 DAYS** to **BUILD IMMUNITY** after receiving all the required **VACCINE** doses.



NO VACCINE CAN PROTECT YOU 100%.

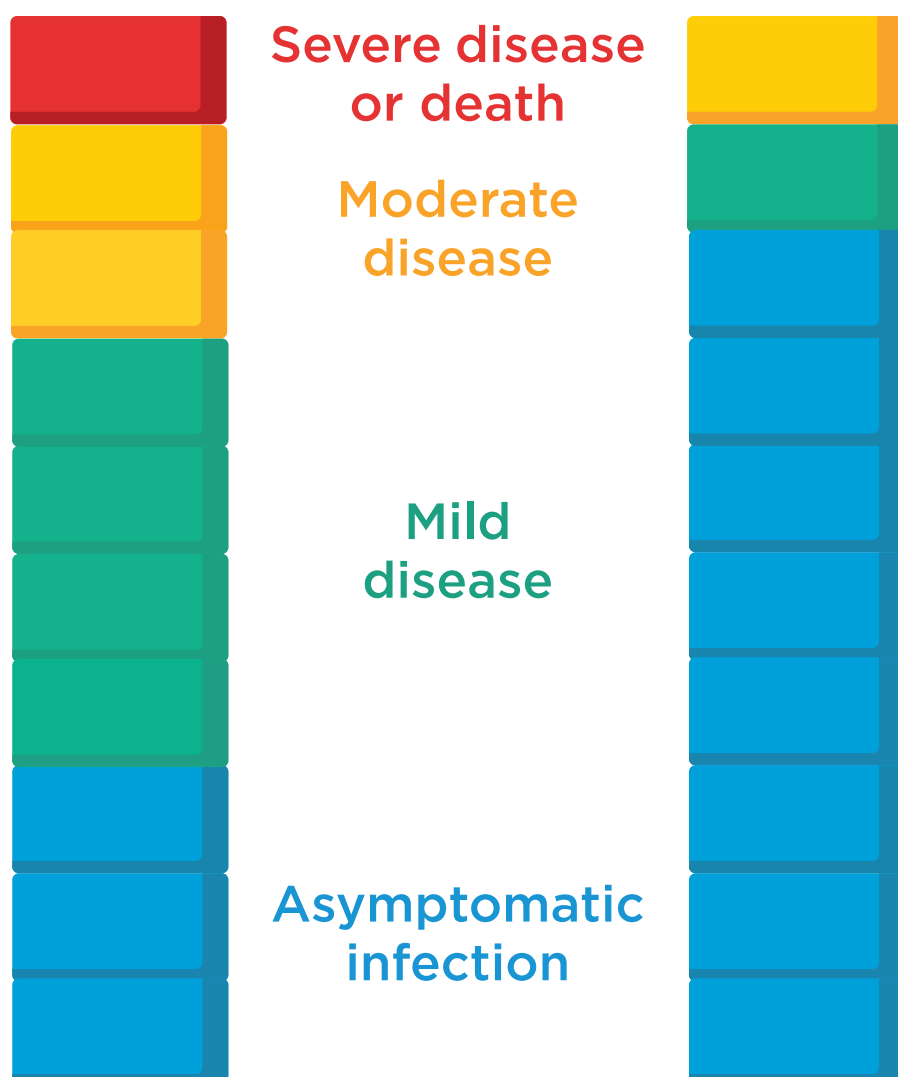
THE COVID-19 VACCINE

SAVES YOU FROM GETTING **SERIOUSLY ILL** OR **DYING** FROM THE DISEASE.

BUT THERE IS STILL A CHANCE YOU MAY GET A MILD OR ASYMPTOMATIC INFECTION.

Unvaccinated

Vaccinated



DON'T RELAX YOUR BEHAVIOUR.
DON'T PUT OTHERS AT RISK.
PROTECT YOURSELF AND OTHERS.

Once you have been vaccinated, it is important that you record your vaccination status on one of our tools. This would include using the Screening App when accessing a hospital or corporate office, updating it via your HR representative or via an update function on Connect, which will be launched soon.

Mediclinic has ten public vaccination centres operational as part of the National Department of Health's public roll-out that are currently using the Pfizer vaccine:

Mediclinic Bloemfontein	Mediclinic Milnerton
Mediclinic Cape Gate	Mediclinic Morningside
Mediclinic Gariep	Mediclinic Panorama
Mediclinic Geneva	Mediclinic Pietermaritzburg
Mediclinic Medforum	Mediclinic Vergelegen

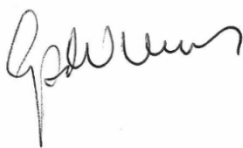
We will soon be launching a further 13 sites that will be offering the Johnson & Johnson vaccine:

Mediclinic Cape Town	Mediclinic Nelspruit
Mediclinic Constantiaberg	Mediclinic Paarl
Mediclinic Durbanville	Mediclinic Tzaneen
Mediclinic Ermelo	Mediclinic Winelands
Mediclinic Hermanus	Mediclinic Welkom
Mediclinic Limpopo	Mediclinic Worcester
Mediclinic Louis Leipoldt	

We eventually plan to vaccinate at 43 Mediclinic facilities as soon as more vaccines become available. If you have not received your vaccine as yet and would to receive the vaccine, please consult with your HRBP.

Thank you once again for your valuable input and dedication to providing care and support during the pandemic. Your contribution is appreciated by all.

Kind regards



Dr Gerrit de Villiers
Chief Clinical Officer
Mediclinic Southern Africa