



# ALUMNI NEWSLETTER

JUNE 2026

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## WELCOME TO THE FIRST EDITION

This edition of the alumni newsletter marks the first edition of the quarterly Mediclinic Private Higher Education Institution's Alumni Newsletter – our first for 2026. We will reflect on the successes of 2025 and the progress made in 2026 thus far.

Through this newsletter, we want to ensure you stay closely connected with our graduates. We hope these updates keep you fully informed, engaged and inspired by the ongoing developments and exciting new chapters unfolding here at Mediclinic Private Higher Education. Not only does this keep us in touch with each other but it also serves as an inspiration to our current students as they navigate their own academic journey, ultimately arriving at the realisation that success is a result of perseverance.

## ALUMNI SPOTLIGHT



The auditorium buzzed with pride and anticipation as graduates from the five Mediclinic Private Higher Education Institution Learning Centres – Central Region, Northern Region, Tshwane Region and Limpopo – gathered to celebrate years of hard work, sacrifice and shared dedication. This was one of the largest graduation ceremonies held, with approximately 195 achievers being recognised. More than just a graduation, the ceremony marked a profound transformation, signifying the moment our students stepped forward as the next generation of healthcare leaders. Supported by the unwavering encouragement of their families, friends and faculty, this milestone serves as a powerful reminder of what can be achieved when purpose meets perseverance. We look forward to witnessing the meaningful impact these graduates will undoubtedly make in the lives of their patients.



**The Mediclinic Learning Centre Central Region (F.L.T.R): C Fourie (Educator), G Mabuya (Diploma in Nursing student), D Bredenkamp (Learning Centre Manager) and K van der Lingen (Educator)**

The Central Region Learning Centre celebrated a notable success and outstanding achievement as a Diploma in Nursing graduate earned the only Magna Cum Laude award, marking a significant milestone for both the student and the learning centre. This achievement demonstrates consistent academic excellence, discipline and a strong commitment to the profession.

## INSTITUTIONAL UPDATES

Mediclinic is accredited by the SANC (nursing programmes), the HPCSA (Emergency Medical Care programmes) and the Council on Higher Education (CHE), and is registered with the Department of Higher Education and Training (DHET) and the South African Qualifications Authority (SAQA) to offer programmes leading to qualifications.

The South African Nursing Council (SANC) awarded accreditation to four learning centres to offer the Postgraduate Diploma in Adult Critical Care Nursing.

The first cohort of students commenced their studies in January 2026; in addition, the SANC accredited the Postgraduate Diploma in Emergency Nursing programme for delivery at the Cape Region, Central Region, Northern Region and Tshwane Region Learning Centres. The South African Qualifications Authority (SAQA) registered four of the Mediclinic programmes; the Department of Higher Education and Training (DHET) registered two.

The table below is a summary of the accredited and registered programmes as well as where these programmes are offered):

PROGRAMME	CAPE REION	CENTRAL REGION	LIMPOPO	NELSPRUIT	NORTHERN REGION	TSHWANE REGION
<b>Higher Certificate in Nursing</b> (NQF Level 5)	√	√	√	√	√	√
Higher Certificate in Emergency Medical Care (NQF Level 5)	√					
Higher Certificate in Diagnostic and Procedural Coding (NQF Level 5)	√					
<b>Diploma in Nursing</b> (NQF Level 6)	√	√	√	√	√	√
Diploma in Emergency Medical Care (NQF Level 6)	√					
<b>Adv. Diploma in Midwifery</b> (NQF Level 7)			√			
<b>Adv. Diploma in Health Services Management and Leadership</b> (NQF Level 7)	√					
<b>Adv. Diploma in Management of Healthcare Unit</b> (NQF Level 7)	√*					
<b>PD Diploma in Adult Critical Care Nursing</b> (NQF Level 8)	√	√			√	√
<b>PG Diploma in Emergency Nursing</b> (NQF Level 8)	√*	√*			√	√*
<b>PG Diploma in Perioperative Nursing</b> (NQF Level 8)	√	√			√	√

## Community project highlights

Across all six campuses, students remain committed to actively participating in healthcare initiatives that address societal needs and promote health equity. The community projects planned for the year have been identified, and students are actively involved in a variety of initiatives.

### Learning Centre Cape Region



The first-year students participated in a community project where they collected and sorted clothes for sheltered and vulnerable individuals. The students mentioned that this process was meaningful and an eye-opening experience for them.

The Street Store is a community project where individuals in need can browse through clearly displayed donated items, granting individuals the option to choose clothing that suits their needs. The students sorted clothes for winter and summer and shoes according to size. Due to the large amount of donated clothes, sorting will happen again in May. Containers for collection were placed in the Learning Centre, allowing students and personnel to contribute to the Street Store.

## Learning Centre Limpopo



Students volunteered at New Horizons Special Needs School where they cleaned and scrubbed the classroom, ensuring a hygienic, organised and conducive learning environment that supported learners' focus and concentration. Their volunteer experience at the school was rewarding and enriching, as the students' resilience, adaptability, unique abilities and commitment to supporting learners was truly inspiring.

## Learning Centre Nelspruit



The first community project for the year was a toiletries drive in aid of GRIP (GBV Intervention Project) where the students asked for donations and donated items to create care packages for GBV survivors. The students packed the care packages themselves with handwritten notes for the GBV survivors; in addition, a total of 50 care packages was donated together with extra toiletries. GRIP provided background information on the project and also had a Q&A session, during which our students asked a lot of important questions.

### Other activities that marked the first quarter

- Student Representative Council (SRC) 2026
- Mentorship process
- Integration of theory and practice
- Wellness and fitness training

## Learning Centre Cape Region Student Representative Council 2026

Congratulations to our newly elected Student Representative Council (SRC) 2026 on this remarkable achievement. Leadership encompasses not only position but also service, responsibility and the inspiration of meaningful change. As Chris Eubank Sr. famously remarked, 'Why take the risk?' – a sentiment reminding us that great leaders operate with wisdom, discipline and purpose. The Learning Centre extends its best wishes to the new council for a successful tenure marked by significant impact and excellence.



The Mediclinic Learning Centre Cape Region Student Representative Council 2026 (F.L.T.R): L Fowler, N Zwane, M Jonas (Vice-treasurer), T Swartz, K Hammond (Chairperson), M Adams, A Crous, C Fidler, L Maqhubela, C Wyngaard, D Mtuedwa (Treasurer), E Hickman (Secretary 2), K Jansen van Vuuren (Secretary 1), L-R Stripp (Deputy chairperson)

Unable to attend: L-M Nel, S Pelsler and S Leedertz

## Learning Centre Central Region Mentorship Process



The Third Year Diploma Nursing (DN3) students eagerly initiated the mentor and mentee partnership this year. The DN3 Mentor (pictured left) believes that mentorship is a safe passage for students in their first year. He expects his mentoring skills to improve as he looks to guide many more into this career. He also used the mentorship process as an opportunity to provide orientation to his mentee in the Labour and Maternity Unit. The DN1 Mentee (pictured right), viewed the process as an added advantage as he has someone to seek advice from who can help him navigate difficulties. Third-year students also mentioned that the mentorship is most effective when both mentor and mentee are placed in the same unit for a clinical rotation cycle.

## Integrating theory and practice

The student recently participated in a hands-on demonstration of the urinary catheter removal procedure, strengthening their clinical competence in patient care. This practical session provided an opportunity to apply classroom knowledge in a simulated healthcare setting, enhancing confidence, precision and adherence to safe nursing practices. Experiences such as these are essential in preparing future healthcare professionals for real-world clinical environments.



## Learning Centre Limpopo: The Wellness Fitness Training



Learning Centre Limpopo's wellness fitness training every Wednesday plays an important role in promoting healthier lifestyles among students. Regular physical activity helps improve cardiovascular fitness, strengthen muscles and burn calories, which all contribute to better body weight management. By consistently participating in these sessions, we are learning the value of exercise in maintaining a healthy Body Mass Index (BMI), reducing the risk of obesity-related conditions and improving overall physical and mental wellbeing.

## CONTINUING EDUCATION OPPORTUNITIES

Mediclinic Private Higher Education and Training offers eight (8) in-house and forty-four (44) fundamental courses to all Mediclinic Southern Africa employees to enhance their skills and further their career prospects. All Mediclinic Southern Africa employees are encouraged to partake in further education and professional development activities as well as keep up to date with the latest in nursing practice and research.

## Academic achievement for Learning Centre personnel

Andrea Botha completed a Postgraduate Diploma in Nursing Education through Stellenbosch University, achieving a cum laude pass.

## Publications

Learning Centre Manager Johann Olivier co-authored a wound care-related article for the Global Wound Care Journal, available here: Volume 1 Issue 2 October 2025; Reference: Abbas, Z.G., Olivier, J.M. & Sander, J. 2025. World Union of Wound Healing Societies regional overview: Africa Region. Global Wound Care Journal, 1(2): 72 - 75.

Critical Care Educator Ellen le Roux was invited to co-author an article for the South African Journal of Critical Care on the topic, 'Interpretation of the Scope of Practice (Regulation 2127) for the South African professional critical care nurse: A round-table discussion' - the article was accepted for publication and will be published in the near future.

## STAY CONNECTED

We invite all our alumni to stay connected and engaged with the institution. Follow us on Facebook or LinkedIn for the latest news and updates. Should you have exciting news to share, email us at [ryan.wills@mediclinic.co.za](mailto:ryan.wills@mediclinic.co.za) and we will feature it in our next newsletter.

Thank you for being an essential part of our community. Your achievements and contributions continue to inspire and shape the future of nursing. We look forward to staying connected and seeing you at our upcoming events.

**EXPERTISE YOU CAN TRUST.**

[www.mediclinic.co.za](http://www.mediclinic.co.za)