MEDICLINIC
EXPERTISE YOU CAN TRUST.

HOSPITAL PREGNANCY EDUCATION INFORMATION SESSIONS:

The information on the table below will be updated regularly to include other participating hospitals.

HOSPITALS PER PROVINCE	DATE	TIME	VENUE	CONTACT PERSON	CONTACT NUMBER	TOPIC
FREE STATE						
Mediclinic Bloemfontein	30 March - 1 April	TBC	Mimosa Mall	Amanda Appelgryn	051 404 6425	Pregnancy Expo
Mediclinic Hoogland	18	10:00 – 13:00	Royal Terrace Guest Lodge, Boshoff St., Bethlehem	Karien Collett	058 307 2013	Various
Mediclinic Welkom	17	18:00	Doctors Club, Welkom	Marissa Pawson	057 916 5138	Various
	18	08:00				
GAUTENG						
Mediclinic Emfuleni	21	18:00	Mediclinic Emfuleni	Retha Behr	016 950 8000	TBC
Mediclinic Kloof	24	08:45 – 10:45	Mediclinic Kloof Lecture Room	Johann Dednam	012 367 4065	Various
Mediclinic Legae	03 March		Mediclinic Legae Training Centre	Tumi Chaane	012 797 8004	TBC
Mediclinic Medforum	22	TBC	Mediclinic Medforum	Manoko Jegede	012 317 6700	TBC
Mediclinic Morningside	13 - 17	10:00 & 13:00	Mediclinic Morningside	Natalie Jackson	011 282 5051	Facility tours (twice daily)
				Debbie Anderson	011 282 5344	
				Kate Plakas	011 282 5226 / 5219	
Mediclinic Sandton	20 - 23	10:00 & 18:00	Mediclinic Sandton	Liezl Furlong	011 709 2206/2141	Maternity tours twice daily
	21	18:00				Talks for dads by a dad (Jody Abrahams)
Mediclinic Vereeniging	18-24	Open	Mediclinic Vereeniging	Selka Badenhorst	016 440 5020	Facility tours
	22	18:30 – 21:00				Various
KWAZULU-NATAL						
Mediclinic Newcastle	25	10:00 – 14:00	Mediclinic Newcastle Conference Room	Drienie van Vuuren	034 317 0110	Various
Mediclinic Pietermaritzburg	13 & 16	09:00 – 12:00	Mediclinic Pietermaritzburg Boardroom	Reshnee Beekrum	033 845 3700	Your pregnancy journey
Mediclinic Victoria	18	10:00 – 14:00	Mediclinic Victoria	Glenda Pillay	032 944 5061	Various
LIMPOPO						
Mediclinic Limpopo	17	09:00 – 17:00	Farmyard Theatre	Istha McMillan	015 290 3785	TBC
Mediclinic Tzaneen	22	19:00 – 21:00	Mediclinic Tzaneen	Lilize du Plessis (before 20 Feb.)	015 306 8500	Various
MPUMALANGA						
Mediclinic Ermelo	21	10:00	Ermelo	Bets de Winnaar or Louise Marais	017 801 2600	Pregnancy Journey
Mediclinic Highveld	18	18:00	Sasol recreate club	Sphiwe D Mahlalela	017 638 8294	Various
NAMIBIA						
Mediclinic Cottage	25	10:00 – 11:30	The Wreck Restaurant, Vogelstrand	Calitz	412 200 / 217	Your fruitful journey to a healthy baby
				Eswee Schlechter	412 200 / 213	
Mediclinic Otjiwarongo	25	09:00	Crocodile Farm, Otjiwarongo	Daleen Louw	067 302 640	Dietary guidelines during pregnancy

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Mediclinic Windhoek	25	09:00 – 13:00	NamPower Convention Centre, Windhoek	Laurie Howard	081 127 0338	Various
NORTHERN CAPE						
Mediclinic Kathu	20	09:00	Mediclinic Kathu	Marlize Kruger	053 723 3231	Morning tea
Mediclinic Kimberley	18	10:00	Mediclinic Kimberley	Denise Coetzee	053 838 0007	Various
NORTH WEST						
Mediclinic Brits	18	08:00	Mediclinic Brits	Retha Mostert	012 252 8003	Various
Mediclinic Potchefstroom	22 & 23	17:00 – 19:30	Mediclinic Potchefstroom	Diana King	018 293 7000	Various
WESTERN CAPE						
Mediclinic Cape Gate	22 & 23	TBC	Training Centre	Alice King Lindsay Thomas	021 983 5804 021 983 5800	Various
Mediclinic Cape Town	15	10:00 – 15:00	Mediclinic Cape Town	Renaldo Adams	021 464 5500	Various
Mediclinic Constantiaberg	17 & 18	Open	Mediclinic Constantiaberg	Margaret Smith	021 799 2911	Open days
Mediclinic Durbanville	23	17:00	Mediclinic boardroom	Deon Lourens	021 980 2100	• Your pregnancy journey, • Open day, • Various baby exhibitions
Mediclinic George	22	08:00 – 13:00	Mediclinic lecture room	Liezl van Jaarsveld and Esther Lategan	044 803 2000	TBC
Mediclinic Hermanus	18	10:00 – 15:00	Mediclinic Hermanus	Esme Groenewald	028 313 0168	Various
Mediclinic Klein Karoo	28 & 29	09:00 – 16:00	Doctor's Rooms block	PN Karen Stander	044 272 1011	Various
Mediclinic Louis Leipoldt	22	18:00	Lecture Room, 5th Floor, Medical Centre, Mediclinic Louis Leipoldt	Samantha du Plessis Hermien Everts	021 957 6095 021 957 6083	1. Dealing with emergency situations at home. 2. Sleep-training for the newborn.
Mediclinic Milnerton	25	10:00 – 11:30	Mediclinic Milnerton	Tania Stroobants	021 529 9000	TBC
Mediclinic Paarl	24	10:00	Mediclinic Paarl	Jacorie Visagie	021 807 8000	Labour options and illnesses occurring with babies and toddlers
Mediclinic Panorama	25	09:00 – 13:00	Mediclinic Panorama	Corna Wiese or Tersia Bester	021 938 2156 / 7	Pregnancy Education
Mediclinic Plettenberg Bay	22	17:30	Mediclinic Plettenberg Bay	Annelie Barnard	044 501 5100 076 044 7006	• First hour after birth, • pain management in pregnancy, • breast-feeding and • basic baby care
Mediclinic Stellenbosch	21, 22 & 23	17:30 – 20:00	Mediclinic Stellenbosch	Carla Hanekom	021 861 2000	Various
Mediclinic Vergelegen	25	09:00	Vergelegen Restaurant	Kelly Baron	021 850 6389	TBC
Mediclinic Worcester	16	19:00	Worcester Oos NKG Kerksaal	Anrietta Smit	023 348 1659	TBC