

THANK YOU FOR CHOOSING OUR FACILITY

PLEASE READ THE INFORMATION BELOW CAREFULLY.

Before you arrive

- We encourage you to make use of our convenient online pre-admission system. You can access it from the www.mediclinic.co.za home page. Alternatively, visit the Day Clinic to arrange your pre-booking. This will simplify the admission process on the day of surgery.
- Should you have medical aid, please ensure that you contact your medical aid provider to obtain the authorisation number for the procedure. We require this number on the day before your surgery.
- We will contact you in the afternoon, before your procedure, to confirm the arrangements and your time of arrival at the Day Clinic on the day of admission. Please note that this admission time is different to your actual theatre time.
- Please ensure that your specialist's receptionist has your correct contact details.

Day of admission

- If your procedure is in the morning, you may not eat or drink after 22:00 the previous evening.
- If your procedure is in the afternoon, you may not eat or drink after 06:00 on the day of your procedure, unless instructed otherwise by your surgeon.
- Please note that a person accompanying children under 16 years of age must remain with the children in the Day Clinic at all times.
- Only two visitors per patient is allowed.
- Depending on your procedure, you should be ready for discharge approximately two hours after coming out of theatre; however, certain procedures may require you to be seen by a physiotherapist before discharge. Kindly arrange to be collected at this time as you would not be allowed to drive after the surgery and sleepover facilities are not available at the Day Clinic.
- Please remember to bring along your Identity Document and Medical Aid card.
- It is preferable to leave all valuables, i.e. jewellery, at home.

**Please contact us on +27 13 759 0501 should you require any additional information.
We look forward to welcoming you!**

1 Louise Street, Sonheuwel, Nelspruit 1200

T +27 13 759 0501

Practice Number: 0770000867446 | Operating Hours: 06:00 - 19:00

www.mediclinic.co.za